



Barnham Primary School



Headteacher: Mr James Everett

Successful Learners

Confident Individuals

Responsible Citizens

Dear Parents/carers,

Information about the Year 6 Test Week (13th – 17th May)

We are writing to inform you of the exact timetable and information about the Year 6 National Curriculum tests, running from the 13th to the 16th May 2019. There are no tests on the Friday. The format of the week will be as follows:

Day	Test
Monday 13 th May	English grammar, punctuation and spelling
Tuesday 14 th May	English reading
Wednesday 15 th May	Mathematics, Paper 1 - arithmetic. Paper 2 – reasoning
Thursday 16 th May	Mathematics, Paper 3 – reasoning

It is very important that during the week of the tests, children arrive promptly, having had a good night's sleep and good breakfast that morning. This enables them to be focussed, ready and alert and do their best. The children have had lots of experience completing past papers in reading, grammar and maths, so they won't be facing any test format that is unknown to them. We try to make the test week as relaxed as possible and balance out the tests with more enjoyable activities.

During the test week we are planning to provide 4 free morning exercise and breakfast club sessions for any year 6 child who is interested. The sessions will run from Monday to Thursday beginning at 8am and finish in plenty of time for the children to be changed and ready for the start of the school day.

There are a number of reasons for offering this opportunity:

- Firstly, exercise results in an increase of energy being transported to the brain through the blood. Studies have shown that this can have a really positive effect on a child's ability to focus, think clearly and produce their best work.
- Another effect of exercise is the production of natural chemicals such as endorphins within the body. Endorphins have a calming effect that would be beneficial for any children who are feeling nervous.
- From our experience, children who have attended sports clubs before school have shown improved concentration and an increased capacity to complete longer tasks, such as test papers.

The exercise club will be run on a 'drop in' basis and children can come to any session that they are able to attend; there is no need to fill in a reply slip. However, we would ask that children arrive promptly in their own exercise kit; together with their school uniform, ready to begin at 8am. Tea and toast will be provided for anyone who attends the exercise club, however we would suggest they still eat breakfast at home before coming to school.

We think that this opportunity could really benefit your child and would be an excellent start to their day, during what can be a slightly nervous and unnerving time for them.

If you have any questions about the tests or the test week then please don't hesitate to speak with your child's class teacher.

Yours faithfully

Mr Hackett
Head of Year 5/6

Mrs Clark

Mrs Vigar