



Our moral obligation is to help our children become successful learners, confident individuals and responsible citizens, and we believe that this policy for sex and relationships education, will help us achieve this goal.

Sex and Relationships Education

Section 1: Context

The education of children about sex and relationships is a very challenging area to address, and is something that blurs the boundaries between the responsibilities of home and school when it comes to the growth and development of our children. We fully appreciate our role in the education of our children but also believe that our role should not work in isolation of the responsibilities of our families to also educate their children.

We believe that our role is to help develop emotional wellbeing, social confidence, personal understanding and individual responsibility, in order for our children to ask questions, explore answers and seek a deeper understanding of themselves and others.

Section 2: Education

The education of relationships is at the centre of our Rainbow Curriculum and so will be addressed at a whole school, class and individual level. The programmes of study which we implement will also be explicitly taught through our Personal, Emotional and Social Development strand of the curriculum and will delivered to meet the needs of each cohort and year group. Our aim is to inform and provide opportunity for the children to explore their feelings in order to develop a strong moral code. Our aim is not to replace the role of the family in the education of the child.

As the children begin to move into the older years of the school, our focus will shift as some of the children will begin to experience puberty. This usually takes place in Years 5 and 6 but in some cases may begin earlier. At this stage we aim to educate the children about:

- The complexities and challenges that can occur with relationships.
- The physical development of their bodies.
- Taking care of your body.
- Respecting your body and the bodies of others.
- Puberty.
- The way humans reproduce and the importance of sexual activity as part of a caring, committed and loving relationship.
- Staying safe.
- The importance of family life and sharing thoughts, feelings and questions with your family.

The explicit teaching of the areas referred to above will be through activities and lessons usually planned for the Summer Term. The National Curriculum for Science as well as advice and guidance gained from the School Nurse and Local Health Authority, will inform the learning and delivery of the sessions.

Section 3: Communication

Our curriculum outlines which are sent out at the beginning of each new topic will keep families informed as to the areas relating to Personal, Social and Emotional Development which are being explored. Parents and carers of children in Year 5 and 6 will also be invited to a meeting in the Summer Term before we introduce the session relating to Sex and Relationship Education, to inform them of the scheme of work, share the resources being used and to provide opportunity for questions and clarification.

Section 4: Review

This policy will be reviewed every year or when changes happen due to advice, guidance, good practice or legislation.

